

TEMECULA VALLEY INDOOR LACROSSE LEAGUE

Rule Book

Offensive Rules

1. **BALL HOGGING**

No player shall hog the offensive workload during play. This can be when a player is the only player that touches the ball during an offensive set. Players committing this foul will lose possession of the ball. Excessive ball hogging will result in said player to be removed from the field. Passing and teamwork are essential in the TVLAX Indoor League.

2. **STALLING**

Players are not allowed to walk in the backcourt while clearing the ball. A warning will be given once; the second offence will cause a loss of possession. Any action by a player or a team that the Official deems stalling will be called stalling. There is no stalling by a team who is in penalty if the penalized team is behind in the score. If the stalling team in a penalty situation is ahead in the score, then stalling can be called if they fail to attempt to play offense.

3. **RUNNING THE WALL**

Players with the ball must not dodge towards the wall in an attempt to elude a defensive player. If a player with the ball is near the wall, he may not run along the wall more than 3 steps. A change in possession will occur.

4. **MOVING PICKS**

A player must be standing still when making a pick. He may protect himself but may not lean or extend his arms to complete the pick. Loss of possession will occur for all moving picks.

5. **OFFENSIVE CREASE VIOLATIONS**

A "play-on" will occur when any offensive player enters the crease on a shot. The Official will hold the whistle to determine if the defensive team gains possession. If the offensive team gains possession, the whistle will blow and a change of possession will occur. If the defensive team gains possession, no call is made. The defensive team gets one pass or may run 5 yards for the "Play On" to be called off. If an offensive player enters the crease while his team is in possession of the ball, loss of possession will occur.

6. **ILLEGAL SUBSTITUTION / TOO MANY MEN**

In order for a player to enter the field, another player must exit the field. The exiting player must be able to touch the door with his stick before the new player can enter the field. NO substitutions are allowed when the ball is in play near either of the field doors. DO NOT